

HEALTH

IMPACT GOAL: As a result of our efforts, our community will have citizens who are healthier and more likely to lead productive lives.

FOCUS AREAS: ■ **PREVENTION:** provide programs and services that assist children and adults to receive timely, regular preventative health care and health education.

TARGET PROGRAMS:

- ▶ Health education and awareness programs
- ▶ Health screenings
- ▶ Immunizations
- ▶ Obesity prevention and counseling – nutrition counseling
- ▶ Prenatal care
- ▶ Vision and dental care

■ **INTERVENTION:** support services designed to promote successful, healthy living.

TARGET PROGRAMS:

- ▶ Building developmental skills such as social and fine motor skills
- ▶ Treating mental disorders
- ▶ Addressing behavioral discipline problems
- ▶ Counseling for abuse victims
- ▶ Special needs services
- ▶ Addiction counseling
- ▶ Rehabilitation/physical therapy/occupational therapy

■ **HEALTH MAINTENANCE:** assist children and parents live a healthy life and avoid risky behaviors.

TARGET PROGRAMS:

- ▶ Proactive wellness education for children and adults
- ▶ Physical fitness and exercise programs

